



TIPS: HOW TO MAKE AN ANZAAG ANAPHYLAXIS BOX

1. You will need a box with a lid which is A4 size.
Clearly label the outside of this box - **ANAPHYLAXIS BOX**.
Most hospitals keep it in an agreed location such as PACU or on the cardiac arrest trolley.

2. **ANZAAG Anaphylaxis Management Guidelines**
Print all documents ***in colour***.
Print introduction and place in the box for use as a reference.
Print and laminate the following 4 cards to aid management of anaphylaxis:
Card 1 - Anaphylaxis During Anaesthesia: Diagnostic Card
Card 2 - Anaphylaxis During Anaesthesia: Immediate Management
Card 3 – Anaphylaxis During Anaesthesia: Refractory Management
Card 4 – Anaphylaxis During Anaesthesia: Post Crisis Management

3. **Contents Checklist and serum tryptase specimens** - laminate & tape to inside lid of box.
This is important to aid with restocking/checking of the box and correct collection of tryptase specimens.

4. **4 request forms and 4 plain serum (SST) tubes for collection of tryptase specimens.**
Check with your laboratory which colour collection tubes you need at your hospital for tryptase collection and write this on the contents checklist.

5. **Protocols for drug infusions in your hospital:**
(i) adrenaline
(ii) noradrenaline
Print and laminate a copy of the drug infusion protocols used in your hospital.

6. **2 patient form letters** – this letter provides the patient with a record to identify all drugs given prior to the reaction. It is critical that each patient has this letter completed to assist medical staff in choosing management options prior to testing in the case of emergency surgery. The letter also ensures the patient has the treating anaesthetist's contact details for assistance until testing can be performed.

7. **Anaphylaxis/Allergy in Association with Anaesthesia and Surgery** – there should be at least 2 copies of this brochure in the box. This brochure can be given to the patient to explain the reaction they experienced and what needs to be done to guide their management for future anaesthetics.
Print as a double sided brochure and fold into thirds.
NB: This brochure is an aid to understanding only. It does not in any way decrease the mandatory requirement that the treating anaesthetist fully explain the reaction and arrange follow up and testing for the patient.

8. **2 Testing Referral Forms** - to allow recording of details of reaction and appropriate referral.
Where the anaesthetist prefers to complete an electronic form this is available at www.anzaag.com
This web address can also be used to locate your nearest testing centre.