

## **CONTENTS OF ANZAAG ANAPHYLAXIS BOX – CHECKLIST\***

1. **ANAPHYLAXIS BOX** – clearly labelled on the outside
2. **ANZAAG Anaphylaxis Management Guidelines\***

All documents printed ***in colour***.

Print introduction and place in the box for use as a reference.

Print and laminate the following 4 cards to aid management of anaphylaxis:

Card 1 - Anaphylaxis During Anaesthesia: Diagnostic Card

Card 2 - Anaphylaxis During Anaesthesia: Immediate Management

Card 3 – Anaphylaxis During Anaesthesia: Refractory Management

Card 4 – Anaphylaxis During Anaesthesia: Post Crisis Management

3. **4 request forms and 4 plain serum (SST) tubes for collection of tryptase specimens.**

*NB: Serum tryptase specimens must be sent to the laboratory urgently for processing. Tryptase levels are not stable in whole blood. Delayed processing may result in false negative results.*

4. **Protocols for drug infusions used in your hospital:**

(i) adrenaline

(ii) noradrenaline

5. **2 patient form letters\*** – this letter provides the patient with a record to identify all drugs given prior to the reaction.

6. **2 brochures - Anaphylaxis/Allergy in Association with Anaesthesia and Surgery\*** – this brochure can be given to the patient to explain the reaction they experienced and what needs to be done to guide their management for future anaesthetics.

Print as a double sided brochure and fold into thirds (flip along short edge in printer).

*NB: This brochure is an aid to understanding only. It does not decrease the mandatory requirement that the treating anaesthetist fully explain the reaction and arrange follow-up for the patient.*

7. **2 Testing Referral Forms\*** - to allow recording of details of reaction and appropriate referral. Alternately you may complete an electronic referral and locate your nearest testing centre by going to [www.anzaag.com](http://www.anzaag.com)

**\*To print replacements of above documents go to [www.anzaag.com](http://www.anzaag.com)**